

Jungle Jim's Story - "JJ"

Dec 2010

I received an email from Jungle Jim requesting an appointment, he had also listed his phone number, so I called him and we set the time and date for the session. Just as we were about to hang up Jim said "I've met you before", I didn't recognise his name, however I have seen a lot of people over the years.

He went on to tell me that he attended a 2 week course I ran sixteen years ago for Long Term Unemployed people through what was known as DEETYA a government body, and how it had changed his life. We hung up shortly after that and I was looking forward to hearing more of Jungle Jim's journey over the last sixteen years.

When he attended his appointment he shared with me the changes he made in his life after attending my Life Skills Course. I was so humbled listening to what he had to say...

JJ said he got a job three weeks after the course and has been in employment every since, which is great, but the interesting part is this... He said "I was 21 years of age, I was doing drugs and stealing cars and my friends were the same. I was angry and didn't care about anything".

He went on to tell me that what he learned in that course completely changed his life and who he was as a person. He said "I didn't know of such things, I had never even thought about those things... I didn't even know it existed".

"I went home, I got a job, I stopped doing drugs, I stopped stealing cars and I let go of all of my friends that were doing the same thing as me. When I ran into people they couldn't believe it was me, I had changed so much. I have never forgotten what you taught me".

I had a certain lessons that had to be taught to the people attending the courses and then I could teach what I wanted to teach... and I taught my "**Skills For Life Course**" and some **Meditation** from my "**StressLess Course**" and we had fabulous results with every group, but to hear sixteen years later the affect that course had on JJ, has been a humbling and enriching experience.

JJ is now 37 years of age, he said he had been going through some difficult experiences over the last couple of years and he had a lot to talk about. He had looked me up on the internet twelve months ago but didn't get in touch then. He said he was ready now and didn't know where this would lead, and that he felt nervous about seeing me because he didn't know what to expect, but knew it was right.

Through "**Breathwork**" Jim is now moving and expanding to the next level of his life and is doing extremely well, he is an authentic young man who lives by his values and expresses himself with conviction and honour.

We have the power to change anything in our lives, we just need the tools and the know-how... Jungle Jim's living proof!

A truly inspiring Story!

