

## The "I AM" Sacred Fire

The "I AM" Series of articles and talks

### The "I AM" Sacred Fire

What is the "I AM" Sacred Fire?

The "I AM" Sacred Fire is one of the most powerful, intense, amazing, alive, buzzing, all consuming, electrifying, and almost simultaneously terrifying and rapturous experience I've had. Wow what a mouthful... haha It was absolutely ALIVE and absolutely extraordinary! There is just no language for it. I named this particular experience "The sparkler effect". It was just like a sparkler in the way that it was a loud crackling, buzzing, luminous, sparking, white fire consuming the upper half of my body.

I was in a very deep, still, immeasurable silence when a stream of blazing white, vibrating, alive type of substance I have no label for -- came from above me and consumed the upper part of my body. It felt like my head, neck, shoulders and down to mid chest totally disappeared and I became an intense, effervescent, sparking, luminous, roaring white fire. I had no idea what was happening to me. I couldn't move, all I could do was experience it.

I searched for many years before I found answers to my experiences and was so incredibly thankful to receive the teachings of the "I AM" which explained so many things and gave me a deeper understanding of the amazing Light Beings that we are. I've studied the "I AM" daily for fifteen years now and I continue to learn and deepen my experiences and understanding.

You are a spark from the Heart Flame of a Grand and Mighty Intelligence -- Imagine it this way:

There is a huge beautiful, blazing, radiant fire burning powerfully. A spark flies out from this grand fire -- and now this spark exists as a small fire in its own right. It exists separate to the grand fire. I ask you -- can it's essence ever be anything but the Grand Fire it came from? The spark exists in the sameness, the exactness, the image of the fire it was born of. At its core it can't be anything else but that fire.

In the case of humanity: You have been given the gift of life by splitting off from a Greater form of Life. As Jesus said; "I and the Father are One". (*John 10:30 International Standard Version*)

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At your core you are the spark, from the greater sire. You exist because of its existence and only because of its existence. It gave birth to you. It gave you life. At your core, It is you and you are It.

So what does this mean for you in a practical sense, in the day to day living of life?

A deeper comprehension of "who and what" we are brings with it great FREEDOM! The experience and deeper understanding of this greater Truth has brought such incredible freedom and peace into my life on an internal level.

This knowledge opens the door to an inner life of great depth, beauty, stillness, appreciation, reverence, presence, compassion, love, insight, wisdom, honour, gentleness, strength, power, grace and belonging. The words I'd read about so often took on new life. I became the experience of Oneness, of Radiance, of Love. I was It and It was me. I searched for this my whole life. I anquished for it -- like an emptiness, a longing to go home -- I was desperate in my suffering. I didn't know what I was looking for or where to find it. It was at the point of my breakdown when I couldn't hold on any more, I couldn't push through any longer, when there was nothing left - it was when I was drawn to my knees, broken and helpless that the door was opened unto me. It declared Itself in all its Glory. It rose within me. A crowning glory of blazing Light drew me into It. I experienced a most high, powerful, merciful and loving Energy ever so tenderly embracing my Soul and loving me, loving my very essence. Joy flooded forth from eternity as my heart wept with elation and reverence. I had come Home.

I have no words to describe my experiences really, as they are beyond language. I can only try to paint a picture for you through a very seemingly primitive, and lacking sensory description. I became an eternal well of rapture, a state of oneness and elation. I was the micro and the macro of all. I was all-knowing and ubiquitous. I understood in that moment.

Everything is connected, the old cleche' is true. We are all one. Every person does have choice around their life and they can expand in knowledge and understanding of them selves and life. The only way to find out is to start experiencing yourself.

You may consciously grow this Fire inside you if you choose to, so that it continues to flourish and expand its radiance and beauty, becoming an even brighter, more wonderful, more expansive, ever glowing and radiant Flame - or we can just ignore it and let it continue as a small spark, never realizing its greater potential. Either way we are still in the truest essence, that fire from whence we came. In Truth we can't be anything else.

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It seems such a waste of life to NOT be developing and expanding the Magnificent Fire within. Your greatest potential as a human being exists within this blazing Fire of Cosmic Intelligence. It knows ALL. It is Perfection. It is the perfect blend of Love, Power and Wisdom. -- and its inside YOU! You are amazing and beautiful beyond description!

The personality or the “outer self” clothes the Divine Spark that you are. You develop so many outer coverings as you progress through life on a day to day basis.

Underneath the outer garments you’ve collected over your life time, you are always the unchanging, eternal spark. It doesn’t matter what you have done or not done with your life, you are still a part of the Sacred Fire.

The “I AM” Series -- Module 1. “I AM” Connected (1 Day Workshop - Sat 20 September)  
Details: [www.breatheforlife.com.au](http://www.breatheforlife.com.au) click on “Courses”