

Tweedledee and Tweedledum

I heal you and you heal me...

(written by the client Tweedledee, an identical twin - this story has a very interesting twist)

Like most people about to begin something new and unknown, I felt a little nervous about the breathwork day, but also very eager to release some of the stress and tension that I had accumulated in my body over a very difficult previous year.

The session went beyond any expectations I had. Some time into it, I spontaneously regressed into a past life. Christine helped me to explore that life, it's challenges and experiences, which brought great awareness around some issues I have been dealing with in this life - a fascinating experience!

I ended the session feeling incredibly peaceful and loving, and felt very close to my Soul. These feelings lasted for almost a week. It felt as though I was much closer to the essence of **'who I truly am'**. I guess that feeling has now become a goal for me, because now that I've had a taste, I want to experience it much more consistently.

People around me noticed a great change, but the biggest reaction was from my dog. She was acting very strange towards me, she approached me and sniffed me all over as if to confirm it was really me. It seems that my energy field changed so dramatically during the breathing session that she had to make sure it was me.

I had my second breathing session, which was very different from my first, being very physical in nature. I gained a very profound insight into a pattern I had played out over many lifetimes. I realised that I had chosen to have the painful childhood experiences I had in order to force myself into a situation where I must seek healing. The healing for this lifetime was necessary to heal the patterns I had repeated in so many previous lives. **Having such a profound insight has given me greater clarity about my life.**

When I returned home from the second breathwork day one of my daughters exclaimed that **my eyes were different**. When I checked in them in the daylight they had actually changed colour to a blue/green and seemed 'deeper'. My eyes have always been hazel, but with very 'muddy' overtones. This muddiness actually left during the breathing session, leaving my eyes a much clearer green/blue. I have been very excited about this change, not only because I like the colour better, but because it was a physical manifestation of **Spiritual Healing**.

And that's not all.....

I have an **identical twin**, living interstate. Tweedledum has different beliefs about healing than me, and has not done any healing work of a spiritual nature. About 5 weeks later I was chatting to her on the phone and mentioned that my eyes were different and I wanted to compare next time we were together (as identical twins do). She immediately exclaimed that she had visited a makeup consultant 2-3 weeks earlier who had classified her eyes are blue/green. When Tweedeldum argued that her eyes were muddy hazel, the consultant showed her under lights and sure enough, her eyes have also changed to become exactly the same as mine now are, blue/green. It seems that whatever healing I did during the Breathwork session, my sister also received.

Christine will have to start charging me double!